# FREE WORKSHOP Positive Approach to Care ®

*Learn skills to help you maintain a positive and meaningful relationship with loved ones with Alzheimer's disease or dementia!* 

## Saturday, October 7th

### 10 AM to 1:30 PM

Maui Adult Day Care Ocean View Center Nisei Veterans Memorial Center 666 Kahului Beach Road, Kahului

Registration Required: https://events.aarp.org/care10-7

Or call (toll free) 1-877-926-8300

Lunch provided for registered guests. Need accommodations? Contact 808-545-6006

#### TOPICS:

**Normal vs. Not Normal Aging: Understanding the Difference** Learn to recognize and understand "normal" and "not normal" aging. Develop better observation skills to recognize and intervene effectively when behavioral challenges occur. Develop new skills related to approach, cueing, and ability to connect.

#### **Challenging Behaviors in Dementia Care: Recognizing Unmet Needs**

Learn to understand which physical and emotional needs can cause challenging behaviors. Try hands-on techniques to connect and comfort using visual, verbal, physical and emotional connections. Develop skills related to approach, cueing, and ability to connect with people affected by dementia to help reduce the chance of future escalations and make your person with dementia feel at ease.

**Facilitator:** Dorothy Colby, is a Certified Positive Approach to Dementia Care® trainer and national mentor with more than 20 years of professional and personal experience caring for people with dementia.





